

RESUMEDS

8888 Alvarado Street, Los Angeles, California 90026 234.567.8888 contact@resumeds.com

SOCIAL SCIENCE PROFESSOR

QUALIFICATIONS PROFILE

Dynamic, performance-focused, and results-driven professional, offering comprehensive experience in academic administration, counseling, administrative, and student relations. Armed with extensive background in teaching numerous classes and conducting workshops, presentation, and public speaking initiatives on therapy and social sciences. Commended as a creative and proactive leader; demonstrate with well-defined business management acumen and well-honed analytical, technical, interpersonal, and problem-solving skills. Equipped with strong commitment to ongoing professional growth and development in the educational setting.

CORE COMPETENCIES

- Teaching and Mentorship
- Training and Development
- Administrative and General Management
- Strategic Planning and Analysis
- Human Relations
- Learning Styles and Modalities
- Rapid Conflict Resolution
- Cross-Functional Leadership and Team Building

EDUCATION

Doctor of Philosophy in Human Studies and Family Development

With Specialization in Marriage and Family Therapy

Iowa State University | Ames, IA

Master of Science in Human and Family Resources

With Specialization in Marriage and Family Therapy

Northern Illinois University | DeKalb, IL

Bachelor of Science in Psychology, Minor in Journalism/Mass Communications

Iowa State University | Ames, IA

CREDENTIALS

Licensed Marriage and Family Therapist, *States of Illinois and Iowa*

Family Business Consulting Certification

Basic- and Advanced-Level Critical Incident Stress Debriefing Certifications

Approved Supervisor Training

WORK EXPERIENCE

Faculty Member: May 2003–Present

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Facilitate numerous seminars, classes, and trainings to approximately 200 graduate-level licensed mental health professionals across various settings such as in-home, residential, hospital, school, and psychiatric outpatient clinic. Develop teaching objectives, syllabi, and lesson plans; measure key progress; and utilize student feedback for course improvements.

Notable Accomplishments:

- Established a reputation for continuously handling increasing responsibilities as reflected in presenting basic two-hour seminars to serving as part of the faculty to teach a class.
- Optimized productivity by significantly increasing practice revenues from \$150K to \$1M.
- Successfully developed top reputation with all area medical providers.

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President and Founder: Aug 2000–Present

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Assume full accountability in overseeing daily management duties, such as proficiently training and supervising the office staff and therapists; rendering assistance with contract hiring and termination; managing budget and market growth; and drafting contracts, clinical forms, procedure manuals, and business forms. Consistently ensure strict compliance with the Health Insurance Portability and Accountability Act (HIPAA) procedures, as well as local, state, and federal healthcare and business regulations.

Notable Accomplishments:

- Built and grew the group private practice from startup to successful operations with three office locations and approximately 14 employees.
- Contributed in developing and conducting the following key initiatives companywide:
 - *Life coaching regarding workplace, management, career change, and family business consulting issues*
 - *Therapy on depression and anxiety treatment; anger management; self-esteem; and phase-of-life issues management; and Adult Children of Alcoholics assistance*
 - *Family therapy on divorcing step- and blended-family divorcing; as well as adolescents, young adults, and their families*
 - *Couples and individual relationship therapy*
 - *Wholly owned couples therapy model, entitled Differentiated Couples Therapy, based on current relational research*
 - *A comprehensive training program for all incoming therapists, as well as a six-week 1:1 training*
 - *An anger management curriculum and workbook*
- Expertly taught and led an anger management class for domestic violence offenders as referred by the DuPage County courts.

ADDITIONAL EXPERIENCE

Clinical Therapist: Aug 2000–Present

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Proactively provide quality care by building and cultivating positive working relationships with all professionals; performed couple, individual, and family therapy; and efficiently created a research-based model of couple's therapy.

EARLIER POSITIONS HELD:

Therapist/Supervisor

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Therapist

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Counselor

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Therapist Intern

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Chemical Dependency Technician

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Youth Treatment Specialist

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Family Interaction Analyst

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AFFILIATIONS

American Association for Marriage and Family Therapy (AAMFT)
Illinois Association for Marriage and Family Therapy (IAMFT)
Anxiety and Depression Association of America (ADAA)

COMMUNITY INVOLVEMENT

Founder: 2014 | Chicago Area No-Kill Coalition
Member: 2009–Present | Animal Rescue
Member: 1993–2000 | Junior Chamber of Commerce

TECHNICAL ACUMEN

Microsoft Office Suite (Word, Excel, and PowerPoint)
Medical Billing Software
Social Media and Internet Applications

THESES/DISSERTATION

ResuMeds, R.M. (Year). *Understanding the experience of family in family-based treatment programs.* (Unpublished doctoral dissertation). Iowa State University. Ames, IA.
ResuMeds, R.M. (Year). *Short-term alternatives for youth: A family-based treatment model for adolescents.* (Unpublished thesis dissertation). Northern Illinois University. DeKalb, IL.