

# ResuMeds

ADDRESS: 8888 Alvarado Street, Los Angeles, California 90026 PHONE: 234.567.8888 EMAIL: contact@resumeds.com

## --REGISTERED DENTAL HYGIENIST--

*Dental Hygiene | Dental Treatment and Maintenance| Dental Education| Dental Lab Technician*

*Dynamic, motivated, and well experienced registered dental hygienist, offering more than 20 years of experience in oral healthcare.*

Highly skilled at administering local anesthetic and gentle scaling techniques; providing thorough cleaning services without patient discomfort; used loupes during dental treatment for magnification, proper ergonomics associated with posturer, and to maintain proper distance from patient. Familiar with dental hygiene practice laws and regulations, information, and techniques in oral healthcare, infection and hazard control, and dental materials. Efficient in performing tasks, managing time in a fast-paced environment, and ensuring accuracy and completeness in the documentation of patients' information. Extremely proficient with hand scalers, ultrasonic scalers, the use of the laser, injections, radiography; Dexis, Eaglesoft and Dentrix software.

### SUMMARY OF EXPERIENCE

- Managed all patients cleaning frequency. Confirmed patients up to date with periodontal probing, check-up and full mouth x-ray, and health history. Oral cancer screen performed at every visit.
- Provided home care instruction and demonstration when necessary; explained the differences between prophylaxis, scaling and root planning, and periodontal maintenance. Honestly informed patient of their current periodontal condition and discussed appropriate treatment.
- Performed periodontal care to ensure patient proper oral health through prophylaxis, scaling and root planning, soft tissue curettage, laser, and the placement of medicaments such as Arestin and Atridox. Administered nitrous oxide and suggested light sedation for anxiety if necessary.
- Proficient and speedy with conventional and digital x-ray.
- Comfortably discussed all forms of preventive and restorative treatment to the patient to include but not limited to: crowns, bridges, veneers, removable, fixed, implants, implant supported denture, endodontics, periodontics, soft tissue management, x-ray, anesthesia, sedation and nitrous oxide administration.
- Demonstrated skill in providing protective sealants, fluoride treatments, and in office teeth whitening. Expertly utilized Zoom and Opalescence Boost in office whitening procedures.
- Kept up to date with the latest science and technologies by attending continuing education courses. Current with local, state and federal requirements including, continuing education, CPR/First Aid, and hygiene licensure.
- Ensured full adherence to Occupational Safety and Health Administration (OSHA) standards; checked and ensured adequate hygiene supplies and storage.

### EMPLOYMENT CHRONOLOGY

ResuMeds, Los Angeles, CA

**Registered Dental Hygienist** | Jan 2013-Present

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**Registered Dental Hygienist** | Aug 1996-Present

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**Registered Dental Hygienist** | Jan 2012-Nov 2012

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**Registered Dental Hygienist** | Sep 2010-Nov 2011

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**Registered Dental Hygienist** | Sep 2008-Apr 2010

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**Registered Dental Hygienist** | Jan 2000-Aug 2008

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**Registered Dental Hygienist** | Aug 1996-Jan 2000

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**Dental Assistant | Dental Lab Technician** | Sep 1987-Aug 1991

### EDUCATION AND CREDENTIALS

**Bachelor of Science in Dental Hygiene:** 1998 | Northern Arizona University, Flagstaff, AZ

**Registered Dental Hygienist:** 1996 | Cabrillo, College, Soquel, CA

**Associate of Science in Biology:** 1994 | Santa Rosa Junior College, Santa Rosa, CA

**Laser Certification:** 1998, 2014

### PROFESSIONAL AFFILIATIONS

American Dental Hygiene Association (ADHA) | Redwood Empire Dental Society (REDS)  
California Dental Hygienists Association (CDHA)